

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Burger	Beef Lasagne	Roast Gammon	Chicken Fajitas	Fish Cake
to go with	to go with	to go with	to go with	to go with
Broccoli, Homemade Potato Wedges	Homemade Garlic Bread, Peas	Carrots, Mashed Potato, Cauliflower Cheese	Mixed Veg, Homemade Potato Wedges	Chips, Spaghetti Hoops
Veggie Chilli	Vegan Meatballs in a Tomato Sauce	Vegan Sausage	Quorn & Broccoli Bake	Cheese & Onion Quiche
to go with	to go with	to go with	to go with	to go with
Vegetarian Broccoli, Mixed Rice	Pasta, Peas	Carrots, Mashed Potato, Cauliflower Cheese	Mixed Veg	Chips, Peas
Jacket Potato	Sandwich	Jacket Potato	Sandwich	Pasta
with choice of fillings	with choice of fillings	with choice of fillings	with choice of fillings	with choice of fillings
Grated Cheese	Tuna Mayo	Tuna Mayo	Ham	Homemade Tomato & Basil Sauce
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Marbled Sponge	Apple Flaniack	Toffee Apple Roly Poly	Chocolate Cookies	Strawberry Iced Smoothic
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Fresh Fruit Bar, Yoghurt	Fresh Fruit Bar, Yoghurt, Jelly	Yoghurt	Yoghurt, Jelly	Fresh Fruit Bar, Yoghurt
	Turkey Burger to go with Broccoli, Homemade Potato Wedges Veggie Chilli to go with Broccoli, Mixed Rice Jacket Potato with choice of fillings Grated Cheese Marbled Sponge Fresh Fruit Bar,	Turkey Burger to go with Broccoli, Homemade Potato Wedges Veggie Chilli To go with Vegan Meatballs in a Tomato Sauce to go with Broccoli, Mixed Rice Pasta, Peas Jacket Potato with choice of fillings Grated Cheese Tuna Mayo Marbled Sponge Fresh Fruit Bar, Fresh Fruit Bar,	Turkey Burger to go with to go with to go with Homemade Garlic Bread, Peas Veggie Chilli To go with Vegan Meatballs in a Tomato Sauce to go with Pasta, Peas Carrots, Mashed Potato, Cauliflower Cheese Carrots, Mashed Potato, Cauliflower Cheese Vegan Sausage Carrots, Mashed Potato, Cauliflower Cheese To go with Dacket Potato with choice of fillings Grated Cheese Apple Flapjack Fresh Fruit Bar, Fresh Fruit Bar, Fresh Fruit Bar,	Turkey Burger to go with to go with Homemade Garlic Bread, Peas Veggie Chilli To go with Vegan Meatballs in a Tomato Sauce to go with Broccoli, Mixed Rice Pasta, Peas Carrots, Mashed Potato, Cauliflower Cheese Vegan Sausage To go with Carrots, Mashed Potato, Cauliflower Cheese Vegan Sausage To go with To